

Desmond's

RESTAURANT & PUB

For Starters

Smoked Mozzarella & Ricotta Fritters , tomato puree	7
Steamed Clams , chorizo, potato, pepper, onion, garlic, white wine	9
Lump Crab Cake , frisée, apple wood bacon, chipotle rémoulade	10
Shrimp Cocktail , horseradish cream, cocktail sauce	10
Pork & Sweet Potato Strudel , coconut cream, chili, onion, phyllo	9
Cornmeal Dusted Calamari , tossed with hot cherry peppers or traditional marinara	10
Steamed Mussels , garlic, fresh herbs, choice of marinara or white wine	9
Baked Clams , thyme, lemon, bacon, celery, onion	8

East Wind Soup Kettle

Soup Du Jour	5
French Onion Crock , caramelized onions, sherry, thyme, garlic crouton, swiss & mozzarella duo	6
Shrimp Bisque , sautéed shrimp garnish	7

Salads

Caesar Salad , romaine heart, garlic crustini, shaved grana	7
Desmond's Chopped Salad , spring mix, roasted peppers, candied walnuts, gorgonzola, dried cranberries, raspberry vinaigrette	8
Iceberg Wedge , apple wood bacon, chopped tomato, chives, red onion, Roquefort dressing	8
Farm Stand Asparagus , grape tomato, lemon vinaigrette, shaved grana	7
Field Greens , grape tomato, radish sprouts, English cucumber	7

Add Chicken \$4 Add Shrimp, Salmon*, or Steak* \$6

*This menu item consists of, or contains meat, fish, shellfish, or fresh shell eggs that are raw or not cooked to proper temperature to destroy harmful bacteria and/or virus. Consuming raw or under cooked meats, fish, shellfish or fresh shelled eggs, may increase your risk of food-borne illness especially if you have certain medical conditions.

Located inside The Inn & Spa at East Wind 5720 Route , Wading River, NY 631.846.2335
www.DesmondsRestaurant.com

Desmond's

RESTAURANT & PUB

Pastas

Parpardelle , sausage, chicken, balsamic wild mushroom ragout	17
Open Faced Lobster Ravioli , asparagus, corn, tarragon, pasta sheet, sweet sherry cream	22
Orecchiette , baby spinach, roasted tomato, garlic cream	15
Rigatoni Bolognese , ground filet, crumbled sausage, marinara, basil cream	17

Fish

Seared Sea Scallops* , julienne pico, sofrito rice, avocado puree	25
Atlantic Salmon , French lentils, bacon, Julienne potatoes	23
Miso Glazed Cod , Thai broth, Soba noodles, braised bok choy	26

Poultry

Duck Leg Confit & Seared Breast , white bean mash, warm bacon vinaigrette	24
French Breast Chicken , string beans, pan au jus, choice of potato	19

Meat

10oz. Flat Iron Steak* , Cipollini onions, shitake mushrooms, truffle potato puree	20
Lamb Provencal* , tomato, black olive, rosemary, fingerling potatoes	28
Braised Boneless Pork Rib , spaetzle, glazed carrots, mustard demi glace	26
14oz. New York Strip* , herb butter, choice of potato	25
Grilled Filet Mignon* , Chianti bordelaise, choice of potato	30
32 oz. Porterhouse* , frizzled onion, choice of potato	34

Sides

Boursin Creamed Spinach	5
Garlic Mashed Potatoes	
Baked Potato	
Idaho Steak Fries	
Frizzled Buttermilk Onions	
Asparagus Risotto	
Sweet Potato Fries with Maple Aioli	

*This menu item consists of, or contains meat, fish, shellfish, or fresh shell eggs that are raw or not cooked to proper temperature to destroy harmful bacteria and/or virus. Consuming raw or under cooked meats, fish, shellfish or fresh shelled eggs, may increase your risk of food-bourne illness especially if you have certain medical conditions.